



VG Vegetarian V Vegan GF Gluten Free GF Gluten Free Option Available HP High Protein

STARTERS & SHARERS

TRY OUR HOMEMADE STARTERS, PERFECT FOR SHARING!
CHOOSE 3 FOR £13.95 OR 5 FOR £23.95

HIGH PROTEIN

OVEN BAKED CHICKEN WINGS GF 346kcal • £4.95

Fresh oven baked chicken wings tossed in house seasoning

⬆️ **MAKE THEM HOT & SPICY** GF +9kcal • +£1.00
Tossed in Frank's Hot Sauce and dressed with aioli

STICKY BBQ RIBS 399kcal • £5.95

Slow cooked pork belly ribs, marinated, seasoned and coated in a sticky BBQ sauce

FALAFEL BITES V 396kcal • £4.95

Lightly spiced lentil and sweet potato bites & a spicy vegan mayonnaise

CRISPY MAC 'N' CHEESE BITES VG 298kcal • £4.95

Goey mac 'n' cheese bites topped with parmesan

LOADED POTATO SKINS

Freshly baked potato skins loaded with your choice of toppings:

Cheese VG GF 365kcal • £4.95 Cheese & Bacon GF 425kcal • £4.95 Fisherman's Pie HP 550kcal • £5.95

BEER BATTERED FISH GOUJONS HP 189kcal • £5.95

Beer battered hake tenders with a freshly prepared tartare sauce

HALLOUMI FRIES GF 442kcal • £5.95

Deep fried halloumi fries drizzled with aioli

BUTTERMILK CHICKEN TENDERS HP 176kcal • £5.95

Perfectly seasoned buttermilk chicken tenders with a choice of Frank's Hot Sauce or aioli

ITALIAN STYLE MEATBALLS 200kcal • £5.95

Handmade pork & beef meatballs in a rich and rustic tomato sauce topped with parmesan

SANDWICHES & WRAPS

ALL SANDWICHES & WRAPS SERVED WITH A CHOICE OF FRIES OR HOMEMADE CHUNKY CHIPS

PHILLY CHEESESTEAK CIABATTA 667kcal • £12.95

Searred flat iron strips tossed with mushrooms, peppers and onions & bound with spicy cheddar cheese all served in a freshly toasted ciabatta

CLUB SANDWICH 1358kcal • £10.95

Triple decker: grilled chicken, crispy bacon, soft boiled egg, cheese, crispy gem lettuce and mayonnaise

BUTTERMILK CHICKEN WRAP 653kcal • £7.95

Perfectly seasoned buttermilk chicken tenders, fresh onions, red peppers, crispy gem lettuce dressed with aioli in a fresh tortilla wrap

SALMON BAGEL 367kcal • £7.95

Smoked salmon, rocket & a poached hen's egg served in a fresh American style bagel

BBQ TOFU & AUBERGINE WRAP VG 494kcal • £7.95

Aubergine baked with tomatoes & onions, BBQ pulled tofu, spicy vegan mayo in a fresh tortilla wrap

SANDWICH OF THE DAY ASK SERVER • £7.95

Our freshly made special of the day, please ask your server for details

⬆️ **UPGRADE YOUR FRIES** Aspen Fries +67kcal • £0.75 Pizza Fries +438kcal • £1.95 Burger Fries +71kcal • £1.95
Sweet Potato Wedges -153kcal • £0.75 Carbonara Fries +178kcal • £1.95

SIDES

FRIES VG 311kcal • £2.95

Seasoned skin on fries

ASPEN FRIES VG 378kcal • £3.95

Seasoned skin on fries, truffle oil, parmesan

CHUNKY CHIPS VG 306kcal • £3.95

Homemade triple cooked chunky chips

CAJUN SPICED 318kcal • £3.95

Homemade triple cooked chunky chips with cajun spice

SWEET POTATO WEDGES VG 158kcal • £3.95

Homemade seasoned sweet potato wedges

CARBONARA FRIES 489kcal • £5.95

Our skin on fries topped with our house carbonara sauce, bacon bits and parmesan

BURGER FRIES 382kcal • £5.95

Our skin on fries topped with pieces of our homemade burger, burger sauce, gherkins and cheese

PIZZA FRIES 749kcal • £5.95

Our skin on fries topped with our pepperoni pizza topping, herbs and seasoning

BUTTERMILK ONION RINGS VG 304kcal • £2.95

Homemade buttermilk onion rings

GARLIC CIABATTA VG 407kcal • £3.95

Toasted ciabatta, garlic butter

ADD CHEESE VG 90kcal • £0.95

Toasted ciabatta, garlic butter, mozzarella

LETTUCE WEDGE VG 161kcal • £3.95

Wedge of gem lettuce topped with garlic aioli & crispy onions

ROCKET & PARMESAN SALAD VG GF 254kcal • £3.95

Rocket, parmesan, olive oil, black pepper

CHOPPED SALAD V GF 29kcal • £3.95

Tomato, cucumber, pepper, red onion, mixed leaf, olive oil

LIGHT BITES

PANZANELLA SALAD VG 493kcal • £6.95

Balsamic & olive oil soaked ciabatta with fresh red onion, basil and cherry tomatoes

EGGPLANT MELANZANE V 230kcal • £6.95

Aubergine stew oven baked with peppers, red onions and tomatoes topped with a garlic & herb crumb

SOUP OF THE DAY ASK SERVER • £3.95

Homemade soup of the day served with fresh bread (please ask your server for details)

JACKET POTATOES V GF 306kcal • £2.95

Freshly baked fluffy jacket potato, served with a side salad garnish and choice of toppings:

HP GF Tuna Mayo 157kcal • £1.95 HP VG GF Beans 74kcal • £0.95

VG GF Cheese & Bacon 290kcal • £2.50 VG GF Cheese 291kcal • £1.95

BURGERS & GRILL

ALL SERVED WITH A CHOICE OF FRIES OR CHUNKY CHIPS

AMERICAN STYLE CHEESE BURGER 743kcal • £12.95

2 handmade beef burger patties layered with cheddar cheese, gherkin, red onion, homemade burger sauce in a toasted sesame brioche bun

LOUISIANA BUTTERMILK CHICKEN BURGER 1042kcal • £12.95

Perfectly seasoned buttermilk chicken, lettuce, red onion & homemade burger sauce in a toasted brioche bun

MEATLESS BURGER V 860kcal • £12.95

Beyond meat pattie, vegan cheese, gherkin, red onion, vegan burger sauce in a toasted vegan brioche style bun

⬆️ **MAKE IT A MAC DADDY** 236kcal • £1.95

Our signature burgers topped with our freshly baked mac 'n' cheese

⬆️ **MAKE IT A MASTERPIECE** 474kcal • £5.00

Our signature beef burger and buttermilk chicken burger all in one

⬆️ **MAKE IT A STATESIDE** 259kcal • £2.95

Our signature burgers topped with rashers of streaky bacon & buttermilk onion rings

⊕ **ADD ONS** Extra Cheddar +83kcal • £0.95 Red Onion +8kcal • £0.95 Buttermilk Chicken +176kcal • £2.95
Mexican Cheese +79kcal • £0.95 Flat Cap Mushroom +5kcal • £0.95 Halloumi +159kcal • £2.95
Streaky Bacon +108kcal • £0.95

FLAT IRON STEAK GF 707kcal • £14.95

Seasoned flat iron steak (recommendation: cooked medium/rare), garlic butter

RACK OF RIBS 1447kcal • £13.95

Full rack of braised pork ribs, marinated in our house seasonings and topped with sticky bbq sauce, lettuce wedge

PIZZA & PASTA

GF ALL OUR PIZZAS CAN BE MADE GLUTEN FREE UPON REQUEST

MARGHERITA PIZZA VG 1244kcal • £9.95

12" sourdough base, rich tomato sauce, tomato, mozzarella & parmesan

PEPPERONI PIZZA 1460kcal • £10.95

12" sourdough base, rich tomato sauce, mozzarella, parmesan & pepperoni

CARBONARA PIZZA 1560kcal • £11.95

12" sourdough base, creamy carbonara sauce, mozzarella, grated parmesan & smoked streaky bacon

ROASTED VEGGIE PIZZA VG 1352kcal • £10.95

12" sourdough base, rich tomato sauce, mozzarella, peppers, red onion, aubergine

BAKED MAC & CHEESE VG 1164kcal • £6.95

Creamy & cheesy homemade baked mac 'n' cheese

LOADED MAC & CHEESE 1400kcal • £10.95

Creamy & cheesy homemade baked mac 'n' cheese topped with our perfectly seasoned buttermilk chicken

DESSERTS

LEMON MERINGUE PIE VG 482kcal • £4.95

Homemade lemon meringue pie

BANANA BREAD VG 783kcal • £4.95

Homemade banana bread, caramelized banana, toffee sauce & vanilla ice cream

CHOCOLATE LAVA CAKE VG 709kcal • £4.95

Homemade chocolate lava cake with a molten chocolate sauce centre & vanilla ice cream

ICE CREAM VG 1 SCOOP • £1.50

Choose from: Mint Choc Chip 265*kcal, Strawberry 255*kcal, Vanilla 286*kcal, Chocolate 293*kcal
2 SCOOPS • £2.95
3 SCOOPS • £3.95

SORBET VG 1 SCOOP • £1.75

Choose from: Lemon 187*kcal, Orange 183*kcal,
2 SCOOPS • £3.25
3 SCOOPS • £4.25

*Serving: 2 scoops